



# ICEBREAKER

CONFERENCE EVENTS

VISIT: [ACTIONDAYS.CO.UK](http://ACTIONDAYS.CO.UK)

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#### DESCRIPTION:

Human Logo is a fun and ingenious way to boost morale, encourage team spirit and teach the importance of the individual in the bigger picture. This team building activity is ideal for large groups and works particularly well as part of a corporate event or conference. Delegates are challenged with the task of creating a giant version of your company logo from memory using only the instructions and props provided by us. We've added a couple of rules and conditions to make this task more demanding!

They'll be racing against the clock so good team work, communication and time management skills are essential.

#### TEAM BUILDING BENEFITS:

- Enhances communication and collaboration skills
- Encourages creative thinking
- Highlights the importance of individual team member skills
- Seeing a task through from conception to completion
- Leadership, delegation & time management skills

#### DURATION:

For this activity we would suggest a running time of 1 hour.

#### PRICE:

Costs start from £1,225 + VAT



#### DESCRIPTION:

You can't beat Haka for raw power, passion and majesty. This ancient tribal dance will get teams fired up, big time. Haka is all about uniting one tribe in a massive show of strength. It never fails to unlock a deep sense of connection and communication, as teams move and vocalise in a fearsome unit!

Adrenaline levels will skyrocket when the whole room moves as one, forgetting suits and smartphones as they come together in the most primal gathering of all.

#### TEAM BUILDING BENEFITS:

- Communication, interaction & collaboration
- Bonding through shared experience
- Building trust
- Motivating teams

#### DURATION:

For this activity we would suggest a running time of 15-60 minutes

#### PRICE:

Costs start from £1,025 + VAT

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# FINAL COUNTDOWN

## DESCRIPTION:

Ever wanted to make your own rocket and blast off to space? With our Final Countdown, we can't promise you'll make it quite as far as space, however if you can correctly assemble your rocket they can streak over 1,000 feet in the air! This is an excellent activity to add that little extra bit of energy to a conference.

## TEAM BUILDING BENEFITS:

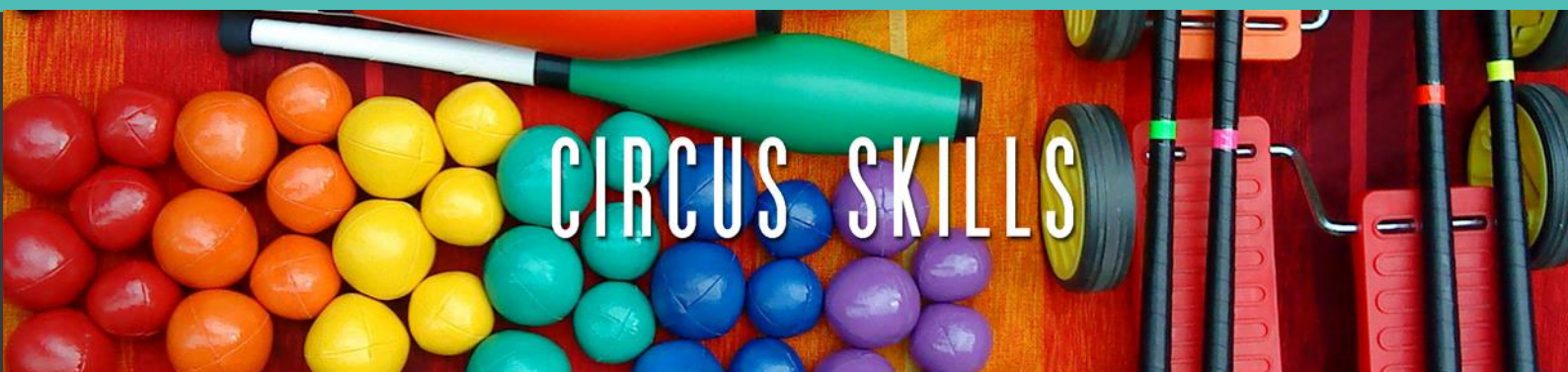
- Competition
- Delegation
- Technique & imagination
- Communication
- Resourcefulness
- Planning

## DURATION:

For this activity we would suggest a running time of 1 – 2.5 hours.

## PRICE:

Costs start from £1,225 + VAT



# CIRCUS SKILLS

## DESCRIPTION:

Roll up, roll up and join the circus! Teams will swap smartphones and laptops for juggling balls, spinning plates and diabolos as they master three classic tumbler's skills.

Prepare to be flabbergasted by what can be achieved in a surprisingly short space of time. With just a few key practice techniques, team members will soon be juggling three balls or spinning multiple plates like seasoned performers. But will nerves get the better of them when it comes to the big performance?

## TEAM BUILDING BENEFITS:

- Goal setting
- Problem solving
- Confidence booster
- Encourages competition
- Creative thinking

## DURATION:

For this activity we would suggest a running time of 45mins – 2.5 hours.

## PRICE:

Costs start from £1,225 + VAT

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