

## JOB DESCRIPTION

### Assistant Strength & Conditioning Coach

Warwickshire County Cricket Club is looking to appoint a full-time Assistant Strength and Conditioning Coach to join the established sport science support team at the Edgbaston Cricket Ground in Birmingham – home to Warwickshire County Cricket Club, the Birmingham Bears, as well as Test and International cricket.

The successful candidate will have a passion for coaching, experience working as part of a multi-disciplinary team and be driven to work in professional and youth sport. A strong understanding of the underpinning principles of strength and conditioning, evidence-based practice and a range of coaching experience. A background in cricket would also be desirable and you must be motivated to work to high standards, have strong communication skills plus the ability to work as part of a team or by using your own initiative.

To apply for this position please submit your full CV and a covering letter (500 words max) to: [jackmurf@edgbaston.com](mailto:jackmurf@edgbaston.com).

The deadline for applications is 5pm on Sunday 17<sup>th</sup> January 2021 and interviews will take place the week commencing 18<sup>th</sup> January 2021.

<b>JOB TITLE:</b>	Assistant Strength and Conditioning Coach
<b>DEPARTMENT:</b>	WCCC Elite Cricket
<b>REPORTS TO:</b>	Jack Murfin - Lead S&C coach
<b>CONTRACT TYPE:</b>	Permanent
<b>DATE APPLICABLE:</b>	From February 2021 (or ASAP)
<b>SALARY:</b>	Competitive

## JOB DESCRIPTION

Under the direction of the Lead S&C coach and 1<sup>st</sup> XI Physiotherapist to assist in the delivery of professional players strength and conditioning and to lead the Academy, Emerging Players Programme (EPP) and County Age Groups (CAG) delivery. The role will also work in close collaboration with the High Performance Manager.

## MAIN DUTIES AND RESPONSIBILITIES

1. Work directly with the Lead S&C coach, High Performance Manager and where appropriate the 2<sup>nd</sup> XI coach, in the co-ordination of every professional player's programme.
2. Facilitate all professional/Academy/EPP/CAG players' individual strength & conditioning programmes.



3. Structure and facilitate pre-match warm up preparations and post-match recovery work for selected 2nd XI matches, Academy, EPP and CAG matches and assist with the first team where required.
4. Work alongside the Club Physiotherapist (and specialists) with co-ordinated programmes of rehabilitation for injuries to professional/Academy/EPP players.
5. Work closely with the Assistant Coach (and 2<sup>nd</sup> XI Physiotherapist) to adapt the correct training methods and pre-match preparations for continuity throughout the playing staff.
6. Work with the High Performance Manager and Lead S&C coach to develop and deliver a high-level physical development programme for the Academy/EPP/CAG.
7. In conjunction with the Lead S&C Coach, appoint a team of S&C student placement coaches on an annual basis to assist with EPP and CAG sessions. Also with the Lead S&C coach deliver CPD sessions to the placement students.
8. Design and deliver education and development sessions for Academy, EPP and CAG coaches and players in conjunction with the Lead S&C coach and High Performance Manager.
9. Execute other duties at the discretion of the Lead S&C coach and 1<sup>st</sup> XI physiotherapist.
10. Attend Cricket Management meetings on request.
11. Attend Academy & EPP player case conference meetings.
12. Attend regular Sports Science and Medicine department meetings.

Carry out other duties appropriate to the position of Assistant Strength & Conditioning Coach as required.

## **KNOWLEDGE SKILLS AND EXPERIENCE**

- Excellent communication skills.
- A knowledge and understanding of the professional cricket game in Warwickshire through to National and International level.
- Strong people management skills.
- Good organisational skills.
- Good time management, negotiation and presentation skills.
- Personal qualities desirable – energy and enthusiasm, professional rapport with staff, flexibility/adaptability and diplomacy.

## **QUALIFICATIONS**

BSc. Sport and Exercise Science (or similar)

UKSCA accreditation (or evidence UKSCA accreditation is ongoing)

Safeguarding Certified

First Aid Certified

DBS Checked

## **DESIRABLE**

ECB Support Worker or Level 2 Coach (desirable)



## Cricketing Background

### **SPECIAL CONDITIONS**

The post holder will be based at the Edgbaston Cricket Ground as part of the Elite Cricket Department. Due to the nature of the work the post holder will carry out his/her duties as such times/days which are most effective to perform the tasks required. This may involve some out of hours work – evenings, weekends, Bank Holidays, as necessary. The Club will require attendance at events, presentations, meetings at various times. The policies of the Club reflect a 52 week, 7 day operation for all cricket provision.

### **EQUAL OPPORTUNITIES IN EMPLOYMENT POLICY STATEMENT**

Warwickshire County Cricket Club will ensure that all existing and potential employees receive equal consideration, and is committed to the elimination of unlawful or unfair discrimination on the grounds of gender, race, disability, colour, ethnic and national origin, nationality, sexuality, marital status, responsibility for dependants, religion, trade union activity and age (up to 65).

It is the intention of Warwickshire County Cricket Club that its work force, at all levels, should reflect the composition of the City's population. To achieve this Warwickshire County Cricket Club will take active and positive steps to eliminate discrimination, reduce the effects of past discrimination and to promote equality in employment.

### **HOLIDAYS**

25 days per annum plus statutory Bank Holidays

### **SALARY**

Competitive for a post of this nature. Salary range available on request.

### **HEALTH CARE AND PENSION SCHEME**

To be provided by Warwickshire County Cricket Club.

### **WORKPLACE**

Edgbaston Stadium, Edgbaston Road, Edgbaston, Birmingham, B5 7QU